**Ingredients ≫≫**

1/2 cup extra virgin olive OR coconut oil

1/2 cup organic cane or coconut sugar

2 tablespoons flaxseed meal

3 tablespoons of water

1/4 cup applesauce OR 1 egg

1 tablespoon vanilla extract

1 cup whole wheat flour OR oat flour

1 teaspoon cinnamon

1-2 tablespoons of brewers yeast (leave out if not breastfeeding)

1 & 1/2 cups oats

1/4 cup chocolate chips

Heaping tablespoon peanut butter

1-2 tablespoon chia seeds

A pinch of Himalayan salt

**Directions ≫≫**

Preheat oven to 335 degrees.

In a small bowl, combine the flaxseed and water, let them sit for a few minutes.

In a large mixing bowl, mix the oil and sugar well. Add the applesauce and vanilla. Mix well.

Add the flaxseed and water mixture.

Add the dry ingredients (apart from the oats and your additional ingredients) and mix well again.

Finally, stir in the oats and your additional ingredients.  Bake for 10-12 minutes (longer if not making mini muffins).  
  
Enjoy! MallorieOwens.com